

ROMANO BARATTA

AUDACE PALESTRE



Project Name: Audace Palestre Repubblica di Milano
Location: Milan (Italy)
Lighting Project: Romano Baratta,
lighting designer & light artist
Realization: September 2014

Gyms are usually illuminated in a poor and flat way and with no design. In these places see diffuse light without a specific direction and without levels and perspective plans. The aim of this project was to create an innovative lighting system for gyms, different from the usual cliché. The idea was to highlight athletes, not spaces.

Athletes become the only point of attraction. The solution reduces also energy consumption, through the use of LED technology and specific control systems. It was important to create a dynamic and pleasant atmosphere where athletes could train in a comfortable space, with the right psychophysical balance.





The purpose was to make this gym not only a training place but also a meeting point where to spend some good time.

RESULTS

The lighting installation is fully compliant with the expected objectives. We created the right lighting “climate” in every room, always focusing on athletes. A “polite” and friendly light accompanies users and helps them getting the most from training sessions.

The lighting system is perfectly calibrated in luminous flux, colour temperatures, beam directions and colours.

Only high quality LEDs, have been used with the right binning and light spectrum.